



THE  
**iron tomato**  
marketplace • cafe • catering

*Catering from  
Our Family to Yours*



fresh

exquisite

traditional

creative  
presentation

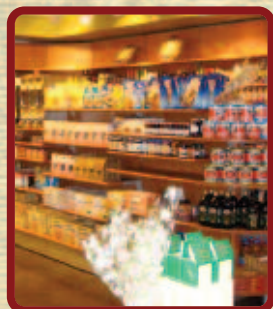


# Our Catering...

For many years, The Iron Tomato has earned an outstanding reputation as one of Westchester's best gourmet markets, specializing in catering. We believe that catering is the art of celebration and each event should be special. From the fresh mozzarella to the tiramisu, our creative presentation will make your event a tasty and an unforgettable experience.

The Iron Tomato's catering is unlike any other experience. We have pride in our work from start to finish. At The Iron Tomato you will experience the finest foods, which are traditionally prepared by our chefs with the freshest and finest ingredients. Every recipe includes love. Reflecting elegance through creative presentation, The Iron Tomato leaves a long lasting impression. We also have a full range of services from waiter/waitress to bartender service as well as tents, DJ's, ice sculptures etc... Our approach to your event is one of personal attention, professional attitude, and old fashioned values.

From a small birthday party to a large corporate event, or a casual gathering to an elegant occasion, we are here to provide you the best catering has to offer!



## SALADS

**REFRESHING. HEALTHY.**

**Made with the finest produce!**

### **Fresh Tossed Salad\*\*\*\***

Iceberg and romaine lettuce mixed with sliced red onion, fresh tomatoes, and cucumber.

### **Caesar Salad\*\*\*\***

Romaine lettuce mixed with homemade croutons and shredded parmesan cheese.

### **Mesclun Salad\*\*\*\***

Mixed mesclun lettuce with goat cheese, walnuts, cranberries and sliced almonds.

### **Italian Salad\*\*\*\***

Fresh romaine and iceberg lettuce mixed with sliced tri-colored peppers, tomatoes, cucumber, red onion and Kalamata olives.

### **Garden Salad\*\*\*\***

Fresh red and green leaf lettuce mixed with fresh tomatoes, shredded carrots, cucumber and red onion.

### **Balsamic Chicken Spinach Salad**

The Iron Tomato's famous balsamic chicken mixed with fresh spinach, walnuts, cranberries and tri-colored peppers in a balsamic vinaigrette.

### **Mozzarella Chicken Spinach Salad**

The Iron Tomato's famous marinated grilled chicken diced and mixed with fresh spinach, fresh mozzarella, tomatoes and red onion in an Italian dressing.

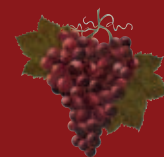
### **Potato Salad or Macaroni Salad**

The Iron Tomato's famous homemade potato salad or macaroni salad made with real Hellmann's® Mayonnaise and the freshest ingredients.

### **Cole Slaw**

The Iron Tomato's famous homemade coleslaw salad, Green Goddess cole slaw, or Healthy cole slaw made with real Hellmann's® Mayonnaise or our fresh special herbs and the finest ingredients.

\*\*\*\*Comes with your choice of dressing on the side!  
• All items available in 1/2 tray and full tray



SALADS

HORS D'OEUVRES

PASTA

VEGETABLES

CHICKEN

BEEF • VEAL • PORK

SEAFOOD • SUSHI

COMBINATION

SANDWICHES

PLATTERS

DESSERT

FRUIT







# HORS D'OEUVRES

## A TASTY START. AN EXQUISITE PRESENCE.

Get your party off to a tasty start!

### Chicken Parmesan Bites

Small pieces of breaded chicken cutlet with our homemade marinara sauce, topped with fresh mozzarella cut into small bite size pieces.

### Buffalo Wings

A selection of hot and mild chicken wings, breaded and fried, served with bleu cheese dressing on the side.

### Boneless Buffalo Wings

Small pieces of chicken cutlet breaded, fried and tossed in a mild or hot buffalo wing sauce.

### Italian-Style Chicken Fingers\*\*\*

Tender pieces of boneless chicken breast cut into strips and breaded with The Iron Tomato's homemade Italian-seasoned bread crumbs, served with marinara sauce on the side.

### Cap'n Crunch® Chicken Fingers\*\*\*

Tender pieces of boneless chicken breast, cut into strips, breaded with Cap'n Crunch® cereal and fried to perfection. A great, sweet treat for children and adults.

### Bell & Evans® Chicken Bites

Bell & Evans® chicken nuggets are a great way for children to start the party.

### Italian-Stuffed Mushrooms

Large mushroom caps stuffed with The Iron Tomato's homemade breading and baked to perfection.

### Clam-Stuffed Mushrooms

Large mushroom caps stuffed with a mixture of clams, pieces of mushroom and seasoned bread crumbs.

### Seafood-Stuffed Mushrooms

One of the best appetizers to put on the table for any occasion. These mushrooms are stuffed with lobster, shrimp and crab meat, smothered in scampi sauce and baked to perfection.

### Fried Ravioli

The Iron Tomato's homemade, fresh ravioli seasoned with our homemade bread crumbs and fried to perfection.

### Mozzarella Sticks

Breaded pieces of mozzarella, fried with our homemade Italian-seasoned bread crumbs.

### Homemade Pizza Squares

Our own fresh dough topped with homemade marinara sauce and fresh mozzarella, baked to perfection and sliced into bite size pieces.

### Eggplant Parmesan Bites

Small squares of layered fried eggplant, fresh mozzarella and ricotta, topped with our own marinara sauce cut into bite size pieces.

### Portobello Balsamico

Portobello mushroom caps marinated in the finest balsamic vinegar, seasoned with The Iron Tomato's Italian seasonings and grilled to perfection.

### Large Rice Balls

The Iron Tomato's homemade Italian-seasoned rice, stuffed with seasoned chopped meat and mozzarella in a light, fresh marinara sauce, breaded and fried to perfection.

### Small Rice Balls

Italian-seasoned rice rolled into small balls, breaded in The Iron Tomato's homemade Italian bread crumbs and fried to perfection.

### Potato Croquettes

Fresh, golden potatoes mashed with Italian-seasonings, rolled into a cylinder, breaded with The Iron Tomato's homemade Italian-seasoned bread crumbs and fried to perfection.

### Potato Croquettes with Ham & Provolone

Fresh, golden potatoes mashed with Italian-seasonings, mixed with fresh ham and chopped provolone, rolled into a cylinder, breaded with The Iron Tomato's homemade Italian-seasoned bread crumbs and fried to perfection.

### Italian Cocktail Meatballs

The Iron Tomato's homemade Italian-seasoned mini meatballs, pan seared to perfection and served with marinara sauce on the side.

### Scallops Wrapped in Bacon

Fresh sea scallops pan seared with sautéed garlic and oil, wrapped in bacon and baked to perfection.

### Crab Cakes

With a choice of either jumbo or mini crab cakes, this dish is a seafood staple when it comes to appetizers. One bite is not enough!

### Baked Clams

One of the most famous appetizers in the world. Large clam shells stuffed with minced clams and The Iron Tomato's homemade Italian fish seasonings baked to perfection.

### Clams Oreganata

Large clam shells stuffed with The Iron Tomato's homemade Italian bread crumb seasoning and whole clams in a fresh clam sauce baked to perfection.

### Clams Casino

Large clam shells with whole clams stuffed with a mixture of sautéed garlic and olive oil with finely chopped peppers and bacon, finished with a butter sauce.

### Stuffed Scallop Shells

Fresh scallop shells stuffed with lobster, crab meat, shrimp and scallops.

\*\*\*Items that are great for children!

- All items available in 1/2 tray (feeds 5 – 6 people) and full tray (feeds 10 – 12 people)
- All items can be served hot or cold upon pickup or delivery

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# PASTA

## FRESHLY MADE PASTA. ITALY’S LOVE.

**Our pasta is always a favorite!**

- Whole wheat and gluten free pasta is available and priced accordingly.

### **Cheese Ravioli\*\*\***

Fresh ravioli stuffed with The Iron Tomato’s homemade Italian-seasoned ricotta and mozzarella, with a touch of any one of our homemade sauces.

### **Baked Cheese Ravioli**

Fresh ravioli stuffed with The Iron Tomato’s homemade Italian-seasoned ricotta and mozzarella, with a touch of any one of our homemade sauces, topped with mozzarella and baked to perfection.

### **Fried Ravioli**

Fresh ravioli stuffed with ricotta cheese and mozzarella, breaded with The Iron Tomato’s own Italian-seasoned bread crumbs and fried to perfection.

### **Stuffed Shells**

Fresh large pasta shells stuffed with our fresh ricotta, sealed with our homemade fresh marinara sauce, then baked to perfection.

### **Cheese Manicotti**

Fresh pasta crêpe rolled and stuffed with The Iron Tomato’s homemade Italian-seasoned ricotta and baked to perfection with a touch of our homemade marinara sauce.

### **Baked Ziti**

Ziti pasta mixed with our fresh ricotta and mozzarella, smothered with our homemade fresh marinara sauce, topped with mozzarella, then baked to perfection.

### **Meat Lasagna**

Fresh layered pasta stuffed with Italian-seasoned chopped meat and fresh ricotta, covered with our homemade fresh marinara sauce, then baked to perfection.

### **Cheese Lasagna**

Fresh layered pasta stuffed with mozzarella and fresh ricotta, covered with our homemade fresh marinara sauce, then baked to perfection.

### **Vegetable Lasagna**

Fresh layered pasta stuffed with mixed vegetables, mozzarella and fresh ricotta, covered with a touch of our homemade fresh marinara sauce, then baked to perfection.

### **Pasta Marinara\*\*\***

A choice of any fresh pasta cuts with Uncle Guiseppe's own fresh marinara sauce. Great for kids and adults!

### **Pasta alla Vodka\*\*\***

A choice of any fresh pasta in a plum tomato cream sauce with a touch of vodka and sautéed prosciutto di Parma, garlic, onions and fresh basil.

### **Pasta Bolognese**

Fresh marinara sauce simmered with wine, diced vegetables and a choice of chopped meat or ground sausage, served with a choice of any of The Iron Tomato’s fresh pasta.

### **Pasta, Garlic and Oil**

A choice of any fresh pasta in The Iron Tomato’s garlic and olive oil.

### **Pasta, Filetto di Pomodoro**

A choice of any fresh pasta in a chunky tomato sauce with sautéed garlic and olive oil.

### **Pasta Arrabiata**

A choice of any fresh pasta smothered with onions and hot cherry peppers in a spicy marinara sauce.

### **Fettuccini Alfredo\*\*\***

Fresh fettuccini pasta served with The Iron Tomato’s own fresh homemade white cream sauce and lots of cheese.

### **Pasta Primavera**

Your choice of any fresh pasta, sautéed with mixed vegetables in garlic and olive oil.

### **Pasta alla Siciliana**

A choice of any fresh pasta cooked with eggplant, Gaeta olives, onions, basil and a fresh tomato reduction.

### **Pasta alla Giuseppe's**

A choice of any fresh pasta sautéed with broccoli rabe or spinach and hot cherry peppers in garlic and olive oil with artichoke hearts.

### **Pasta Carbonara**

A wonderful combination of white cream sauce with sautéed pancetta, green peas and onions with a choice of any fresh pasta.

### **Pasta Campagnola**

A choice of any fresh pasta mixed with sautéed eggplant, zucchini and Kalamata olives in a light fresh plum tomato reduction, seasoned to perfection.

### **Pasta, Broccoli Rabe and Sausage**

Your choice of any fresh pasta sautéed with The Iron Tomato’s own Italian sausage and broccoli rabe.

### **Rigatoni with Portobello Mushrooms**

Fresh rigatoni pasta with chopped portobello mushrooms and grilled chicken in a garlic and olive oil.

### **Pesto Chicken Pasta**

A choice of any fresh pasta in homemade basil pesto sauce with grilled chicken and sun-dried tomatoes sautéed for a wonderful taste every time!

### **Pasta alla Mare (from the sea)**

A choice of any fresh pasta with shrimp, scallops, crab meat, clams, arugula and fresh tomatoes simmered to perfection.

### **Pasta in White Clam Sauce**

Any choice of pasta combined with chopped clams in a garlic and white wine sauce.

### **Pasta in Red Clam Sauce**

Any choice of pasta combined with chopped clams in a light plum tomato sauce.

\*\*\*Items that are great for children!

- All items available in 1/2 tray (feeds 5 – 6 people) and full tray (feeds 10 – 12 people)
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# VEGETABLES

## FRESH. ALL NATURAL. DELICIOUS ENTRÉES.

Vegetables never tasted so good!

### Balsamic Grilled Vegetables

A choice of zucchini, eggplant, asparagus, peppers and onions, or a combination of all vegetables, marinated in the finest balsamic vinegar and The Iron Tomato's own Italian seasonings, then grilled for a delicious taste.

### Steamed Vegetables

A selection of carrots, zucchini, asparagus, tri-colored peppers, broccoli, cauliflower or a combination of all for a healthy delight!

### Sautéed Vegetables

A choice of zucchini, asparagus, tri-colored peppers, broccoli, cauliflower, broccoli rabe, spinach, escarole and string beans or a combination of all sautéed in garlic and extra virgin olive oil.

### Fried Vegetables

A selection of zucchini, eggplant, broccoli, cauliflower, asparagus and artichoke hearts or a combination of all breaded in The Iron Tomato's own Italian-seasoned bread crumbs and fried to perfection.

### Stuffed Zucchini or Eggplant

A wonderful steamed zucchini or eggplant shell stuffed with small pieces of sautéed zucchini, eggplant and mushrooms, combined with The Iron Tomato's own fresh marinara sauce.

### Eggplant Rollatini

The Iron Tomato's own fried eggplant filets stuffed with our own Italian-seasoned fresh ricotta and mozzarella, with a touch of our own fresh marinara sauce, then baked to perfection.

### Eggplant Rollatini with Spinach

The Iron Tomato's own fried eggplant filets stuffed with our own Italian-seasoned fresh ricotta, mozzarella, and sautéed spinach with a touch of our own fresh marinara sauce, then baked to perfection.

### Eggplant Parmesan

Fresh layers of The Iron Tomato's own fried Italian-breaded eggplant, fresh Italian-seasoned ricotta and mozzarella and marinara sauce, topped with melted mozzarella.

### Stuffed Peppers

A combination of tri-colored peppers stuffed with a mixture of rice, fresh marinara sauce and The Iron Tomato's Italian-seasoned chopped meat, with a sprinkle of imported Parmigiano-Reggiano cheese and parsley. Our stuffed peppers come either whole or halved.

### Homemade Roasted Peppers

Red bell peppers roasted to perfection with The Iron Tomato's own Italian marinade with fresh garlic and extra virgin olive oil and spices.

### Italian Stuffed Mushrooms

Large mushroom caps stuffed with The Iron Tomato's homemade breading and baked to perfection.

### Clam-Stuffed Mushrooms

Large mushroom caps stuffed with clams, mushroom pieces and seasoned bread crumbs.

### Seafood-Stuffed Mushrooms

One of the best appetizers to put on the table for any occasion. These mushroom caps are stuffed with lobster, shrimp and crab meat, smothered in scampi sauce and baked to perfection.

### Eggplant-Stuffed Portobello Mushrooms

Grilled portobello mushroom caps stuffed with grilled eggplant, roasted peppers and fresh mozzarella.

### Sausage and Pepper-Stuffed Portobello Mushrooms

Grilled portobello mushroom caps stuffed with The Iron Tomato's own Italian sausage, peppers and onions (regular or with marinara sauce).

### Spinach-Stuffed Portobello Mushrooms

Grilled portobello mushroom caps stuffed with fresh baby spinach and fresh mozzarella.

### Portobello Balsamico

Portobello mushroom caps marinated in balsamic vinegar and The Iron Tomato's Italian seasonings, then grilled to perfection.

### Spaghetti Squash and Shrimp

A wonderful combination of baked spaghetti squash and sautéed jumbo shrimp in a light, spicy plum tomato reduction topped with fresh basil, for a great, healthy dish for children and adults!

### Roasted Potatoes

Potatoes cubed and marinated with garlic and rosemary, then roasted to perfection.



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# CHICKEN

## FLAVORFUL. SAVORY.

Special seasonings and herbs are added to make our chicken entrées truly spectacular!

### Chicken Parmesan\*\*\*

Tender portions of chicken seasoned with The Iron Tomato's own Italian bread crumbs, golden fried, smothered with homemade Marinara sauce and topped with fresh mozzarella and basil.

### Chicken Marsala\*\*\*

Tender portions of chicken floured and simmered in a classic butter Marsala wine sauce with garden fresh mushrooms.

### Chicken Francese\*\*\*

Tender portions of chicken floured and simmered in a white wine, fresh lemon and butter sauce.

### Chicken Milanese

Golden fried chicken cutlet seasoned with The Iron Tomato's own Italian bread crumbs, then covered with baby arugula, red onion, fresh garlic and diced tomatoes with a balsamic vinaigrette glaze.

### Chicken Scarpiello

Tender portions of chicken on the bone with homemade Italian sausage, golden potatoes and tri-colored peppers in a white wine garlic sauce.

### Chicken Sorrentino

Tender portions of chicken seasoned with The Iron Tomato's own Italian breading, layered with imported prosciutto di Parma and golden fried eggplant, topped with fresh homemade mozzarella and served with a light shallot and sherry wine sauce.

### Chicken Picatta

Tender portions of chicken floured and simmered in a white wine, lemon and butter sauce with artichoke hearts and capers.

### Chicken Cacciatore

Tender portions of chicken breast simmered in a white wine and plum tomato sauce with peppers, onions, sicilian olives, celery and fresh mushrooms.

### Chicken Primavera

Tender portions of chicken lightly floured and sautéed with a combination of fresh vegetables!

### Chicken Don Pepe

Sautéed string beans and sliced tomatoes or bruschetta in a balsamic vinaigrette served over The Iron Tomato's own Italian-breaded chicken cutlets and topped with a touch of red onions.

### Chicken and Broccoli

Tender portions of chicken and broccoli cooked in a white wine, garlic, and olive oil sauce. Can be served teriyaki style or with a white or brown sauce.

### Chicken and Artichoke Hearts

Tender portions of chicken sautéed with artichoke hearts in a white wine, garlic and olive oil sauce.

### Grilled Chicken Paillard

Grilled chicken cutlets stacked with roasted peppers, sliced tomato, portobello mushrooms, fresh mozzarella and basil pesto.

### Chicken Rollatini

The Iron Tomato's own Italian-breaded chicken cutlets rolled with ham, prosciuttini and a choice of Swiss or Italian gorgonzola cheese in a light wine sauce. (Gorgonzola \$8.00 extra.)

### Italian-Seasoned Chicken Cutlets

The Iron Tomato's own Italian-breaded chicken cutlets golden fried to perfection.

### Chicken Pizzaiola

Tender portions of chicken simmered in a red wine and plum tomato sauce with onions, garlic and basil.

### Chicken Meatballs

Perfectly seasoned chicken with diced peppers, molded into balls and then pan fried to perfection. Can be served with a marinara sauce.

### Marinated Grilled Balsamic Chicken

Tender portions of chicken marinated in The Iron Tomato's own balsamic marinade, then grilled to perfection. Add sautéed asparagus (\$5.00 extra).

### Marinated Grilled Italian Chicken

Tender portions of chicken marinated in The Iron Tomato's own Italian seasonings, then grilled to perfection.

### Marinated Grilled Lemon Chicken

Tender portions of chicken marinated in The Iron Tomato's own lemon seasonings, then grilled to perfection.

### Bell & Evans® Chicken Bites\*\*\*

Bell & Evans® chicken bites are a great way for children to start the party.

### Cap'n Crunch® Chicken Fingers\*\*\*

Tender portions of chicken fingers breaded with Cap'n Crunch® cereal and fried to perfection. A great treat for children and adults.

### Italian-Breaded Chicken Fingers\*\*\*

Tender portions of chicken fingers with The Iron Tomato's own Italian-seasoned bread crumbs and fried to perfection.

\*\*\*Items that are great for children!

- All items available in 1/2 tray (feeds 5 – 6 people) and full tray (feeds 10 – 12 people)
- All items can be served hot or cold upon pickup or delivery

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# BEEF • VEAL • PORK

## FLAVORFUL. SAVORY. TENDER.

Our chefs combine special herbs, spices, and seasonings to make every bite savory!

- All Steak dishes are made with the finest Sterling Silver Beef
- All Veal dishes are made with milk fed Veal.

### Beef

#### Steak Pizzaiola

Tender portions of steak slowly simmered in a plum tomato sauce with red wine, onions, garlic and basil.

#### Steak and Broccoli or Mushrooms

Tender portions of steak sautéed in wine, garlic and oil with broccoli or mushrooms and served with a light brown or teriyaki sauce.

#### Steak with Peppers and Onions

Tender portions of steak sautéed with tri-colored peppers, onions and garlic in a white wine sauce and thin red gravy.

#### Skirt Steak Teriyaki

Tender portions of skirt steak marinated in teriyaki sauce, then grilled to perfection and cut to serve.

#### Roast Beef with Gravy

Tender slices of Sterling Silver Italian-seasoned roast beef cooked to perfection in a homemade au jus gravy. Served with mashed potatoes.

#### Italian-Style Meatballs\*\*\*

Italian-seasoned chopped meat hand rolled and baked to perfection. Served in a marinara sauce, can be cut in half or served whole.

#### Italian Tripe with Sauce

The Iron Tomato's own Italian-style tripe served with our own fresh marinara sauce.

#### The Iron Tomato's Sunday Gravy

Are you ready for Sunday gravy? Let The Iron Tomato's prepare a combination of beef bracirole, pork, sausage and meatballs simmered all day in our own marinara sauce and served over your choice of any of our fresh pastas.

### Veal

#### Veal Sorrentino

Tender portions of veal seasoned with The Iron Tomato's own Italian breadings, layered with imported prosciutto di Parma and golden fried eggplant, topped with fresh homemade mozzarella and served in a light shallot sherry wine sauce.

#### Veal Marsala

Tender portions of veal floured and simmered in a classic Marsala wine sauce with garden fresh mushrooms.

#### Veal Francese

Tender portions of veal floured and simmered in a white wine, lemon and butter sauce.

#### Veal Parmigiana

Tender portions of veal seasoned with The Iron Tomato's own Italian bread crumbs, golden fried, smothered with homemade marinara sauce and topped with fresh mozzarella and basil.

#### Veal Milanese

Golden fried veal cutlets seasoned with The Iron Tomato's own Italian bread crumbs, with baby arugula, red onions, fresh garlic and diced tomatoes in a balsamic vinaigrette glaze.

#### Veal Don Pepe

Sautéed string beans and bruschetta in a balsamic vinaigrette served over The Iron Tomato's own Italian-breaded veal cutlets and topped with a touch of red onions.

### Pork

#### Sausage, Peppers and Onions

The Iron Tomato's own homemade Italian sausage sautéed with tri-colored peppers and onions.

#### Sausage, Peppers and Onions with Marinara

The Iron Tomato's own Italian-seasoned sausage sautéed with tri-colored peppers and onions, then simmered in fresh homemade marinara sauce.

#### Sausage and Broccoli Rabe

The Iron Tomato's own homemade Italian sausage sautéed with broccoli rabe.

#### Sausage and Vegetables or Potatoes

A choice of any vegetable or potatoes sautéed and mixed with The Iron Tomato's own Italian sausage in a brown sauce or garlic and oil sauce.

#### Pork Chops with Pepperoncini or Vinegar Peppers

Tender pork chops sautéed with pepperoncini or vinegar peppers and white wine, then simmered to perfection.

#### Pork Cutlets Milanese

Golden fried pork cutlets seasoned with The Iron Tomato's own Italian bread crumbs, with baby arugula, red onions, fresh garlic and diced tomatoes in a balsamic vinaigrette glaze.

#### Pork Marsala

Tender portions of pork floured and simmered in a classic Marsala wine sauce with garden fresh mushrooms.

#### Pork and Broccoli Rabe

Tender portions of pork floured and simmered with broccoli rabe in a natural pork sauce.

#### Stuffed Pork Loin

With your choice of available stuffing and optional gravy.

#### Baby Back Ribs

Marinated to perfection and then grilled for a tender, mouth watering taste every time!

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# SEAFOOD • SUSHI

## FRESH. HEALTHY.

Our seafood is caught daily! Our gourmet sushi is hand rolled!

### Seafood

#### Jumbo Stuffed Shrimp or Sautéed with Garlic and Oil

Wild imported jumbo shrimp butterflied, stuffed with crab meat and finished with a touch of The Iron Tomato's own scampi sauce, or sautéed in garlic, oil and a white wine sauce.

#### Jumbo Shrimp Marinara or Parmigiana

Wild imported jumbo shrimp in our own famous marinara sauce, or breaded with Italian seasonings, smothered in The Iron Tomato's own marinara sauce and topped with fresh mozzarella cheese.

#### Jumbo Shrimp Francese

Wild jumbo shrimp from South America sautéed in a white wine and lemon butter sauce.

#### Jumbo Shrimp Oreganata

Wild jumbo shrimp from South America butterflied, breaded with oreganata seasoning and baked to elegance in a white wine sauce.

#### Spaghetti Squash and Shrimp

A great combination of steamed spaghetti squash and sautéed jumbo shrimp in a light plum tomato reduction.

#### Flounder Francese

Fresh fillet of flounder sautéed in a white wine and lemon butter sauce.

#### Flounder Parmigiana

Fresh fillet of flounder breaded with Italian seasonings, smothered in The Iron Tomato's own marinara sauce and topped with fresh mozzarella cheese.

#### Flounder Mediterranean

This exquisite Mediterranean dish is a combination of fillet of flounder, sautéed shallots, scallions, portobello and garden fresh mushrooms in an oil and wine sauce.

#### Stuffed Flounder

Fresh fillet of flounder stuffed with lobster, crab meat, shrimp and scallops in a garlic, oil and wine sauce.

#### Salmon Bruschetta

Small pieces of salmon layered on top of The Iron Tomato's own brushchetta. Served hot or cold.

#### Salmon Pinwheels with Crab Meat and Lobster or Vegetables

Salmon pinwheels stuffed with crab meat and lobster or vegetables, then cooked in an oil, lemon and wine sauce.

#### Poached Salmon

Fresh fillet of salmon poached.

#### Red Snapper Oreganata

This southern Italian dish is a baked combination of fillet of red snapper and a mixture of Italian seasonings and bread crumbs.

#### Red Snapper with Crab Meat or Vegetables

One of the finest fillets of fish topped with crab meat stuffing and finished with a wine sauce or topped with mixed sautéed vegetables.

#### Stuffed Bass Genovese

A healthy dish comprised of a mixture of vegetables and Italian seasonings layered on top of a fillet of bass.

#### Sea Bass Provenzale

Fillet of sea bass in a fresh tomato and extra virgin olive oil sauce cooked to perfection.

#### Bay Scallops Scampi

These fresh bay scallops are prepared from a mixture of Italian seasonings, a touch of bread crumbs and a splash of Italian scampi sauce.

#### Vegetable-Stuffed Flounder

A healthy dish comprised of fresh fillet of flounder stuffed with sautéed escarole, spinach, peppers and onions in a shallot wine sauce.

#### Sicilian Stuffed Calamari

Whole fresh calamari stuffed with Italian seasonings, an egg stuffing, The Iron Tomato's marinara sauce and minced pieces of calamari.

#### Swordfish Sicilian Style

Small chunks of swordfish sautéed in garlic and olive oil, then cooked slowly in The Iron Tomato's marinara sauce and Sicilian seasonings.

#### Tuscan Tilapia

Fillet of tilapia with fresh-cut plum tomatoes sautéed in garlic and olive oil, finished with a touch of pesto sauce and garnished with Parmigiano-Reggiano.

#### Zuppa di Pesce

One of the most famous Italian dishes. A wonderful combination of all shellfish cooked slowly in a garlic, olive oil and white wine sauce or a light tomato sauce. It's unheard of!

#### Mussels Marinara or Scampi

Fresh mussels sautéed in The Iron Tomato's own marinara sauce or Italian scampi sauce.

#### Whole Lobsters

When it comes to lobster, the event just improved. We have an assortment of lobster sizes, which vary by season.

#### Lobster Claws, Tails and Slippers Oreganata

Stuffed with the finest oreganata stuffing and seasoned to perfection, this dish puts a smile on everyone's face!

### Sushi

#### Sushi Sandwich Platter

24 Pieces of Sushi Sandwich, 8 Pieces of Tuna & Avocado Roll, 8 Pieces of Salmon & Avocado Roll, 8 Pieces of California Roll, 8 Pieces of Nigiri (Tuna, Salmon, Shrimp & Eel)

#### Combo Roll Platter

9 Pieces of Spicy Tuna Roll, 9 Pieces of Salmon & Avocado Roll, 9 Pieces of Tuna & Avocado Roll, 9 Pieces of California Roll, 9 Pieces of Eel Roll, 8 Pieces of Nigiri (Tuna, Salmon, Shrimp & Eel)

#### Sushi Sashimi Platter

12 Pieces of Sashimi (Tuna, Salmon & Eel), 16 Pieces of Nigiri (Tuna, Salmon, Shrimp & Eel), 9 Pieces of California Roll, 9 Pieces of Spicy Shrimp Roll, 9 Pieces of Tuna Roll], 9 Pieces of Cucumber & Avocado Roll

#### Marina Roll

16 Pieces of Nigiri (Tuna, Salmon, Shrimp & Eel), 9 Pieces of Spicy Tuna Roll, 9 Pieces of Salmon & Avocado Roll, 9 Pieces of Tuna & Avocado Roll, 9 Pieces of California Roll

#### Rainbow Roll

8 Pieces of Dragon Roll, 8 Pieces of Rainbow Roll, 8 Pieces of Golden California Roll, 8 Pieces of Sushi Sandwich, 20 Pieces of Nigiri (Tuna, Salmon, Shrimp & Eel)

#### Vegetable Roll

9 Pieces of Cucumber & Avocado Roll, 9 Pieces of Avocado Roll, 9 Pieces of Cucumber Roll, 9 Pieces of Vegetable Roll, 9 Pieces of Asparagus Roll, 9 Pieces of Inari Roll, 9 Pieces of Oshinko Roll (Japanese Pickle)

• All items available in 1/2 tray (feeds 5 – 6 people) and full tray (feeds 10 – 12 people), excludes Sushi Platters

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SALADS

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CHICKEN

BEEF • VEAL • PORK

SEAFOOD • SUSHI

COMBINATION

SANDWICHES

PLATTERS

DESSERT

FRUIT





# *Catering from Our Family to Yours*

Special Occasions  
Engagement Parties  
Weddings  
Anniversaries  
Birthdays  
Parties  
Graduations  
Corporate Events  
Holidays



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# COMBINATION BUFFET

## SATISFY ALL OF YOUR TASTE BUDS.

Catering to lots of guests? Our combination buffets are the perfect solution to small or large events!

- All combinations exclude Lasagna for a pasta selection.
- Speak to our catering director about waiter/waitress staff, cooking staff and bartender service, as well as tents, DJ's, ice sculptures, valet, etc... We also offer gourmet coffee and teas.

### 12 to 15 People

Half Tray of Any Pasta Entrée  
 Half Tray of Any Chicken Entrée  
 Half Tray of Eggplant Parmigiana  
 Half Tray of Sausage, Peppers & Onions  
 12" Mozzarella & Tomato Platter  
 Half Tray Tossed Salad with dressing on the side  
 2 Loaves of Italian Bread

### 18 to 20 People

Full Tray of any Pasta Entrée  
 Half Tray of any Chicken Entrée  
 Half Tray of Meatballs or Sausage, Peppers and Onions  
 Half Tray of Eggplant Parmigiana  
 16" Mozzarella & Tomato Platter  
 Half Tray of Tossed Salad with dressing on the side  
 3 Loaves of Italian Bread  
 2lb. Cookie Platter

### 25 to 30 People

Full Tray of any Pasta Entrée  
 Full Tray of any Chicken Entrée  
 Full Tray of Sausage, Peppers, and Onions or an Eggplant Dish  
 16" Mozzarella & Tomato Platter  
 Party Cannoli (36 Mini Cannolis)  
 16" Fruit Platter  
 Full Tray of Tossed Salad with dressing on the side  
 4 Loaves of Italian Bread

### 35 to 40 People

2 Full Trays of any Pasta Entrée  
 Full Tray of Chicken Entrée  
 Full Tray of Sausage, Peppers, and Onions, or Meatballs  
 Full Tray of Tossed Salad with dressing on the side  
 12" Vegetable Platter  
 16" Large Mozzarella & Tomato Platter  
 16" Fruit Platter  
 Party Cannoli (36 Mini Cannolis)  
 6 Loaves of Italian Bread  
 12" Broccoli Rabe and Stuffed Mushroom Platter

### 50 to 55 People

2 Full Trays of any Pasta Entrée  
 Full Tray of any Chicken Entrée  
 Full Tray of Sausage, Peppers, and Onions  
 Full Tray of Meatballs  
 Full Tray of any Eggplant Entrée  
 Full Tray of Tossed salad with dressing on the side  
 12" Crudités' Platter  
 2 - 12" Large Mozzarella and Tomato Platter  
 XL Fruit Bowl  
 2 - Party Cannoli (36 Mini Cannolis)  
 8 Loaves of Italian Bread  
 12" Broccoli Rabe and Stuffed Mushroom Platter

### 65 to 70 People

2 Full Trays of any Pasta Entrée  
 2 Full Trays of any Chicken Entrée  
 Full Tray of Sausage, Peppers, and Onions  
 Full Tray of Steak Pizzaiola  
 Full Tray of any Eggplant Entrée  
 16" Antipasto Platter  
 XL Bowl of Tossed Salad with dressing on the side  
 16" Crudités' Platter  
 2 - 16" Large Mozzarella and Tomato Platter  
 XL Fruit Bowl  
 2 - Party Cannoli (36 Mini Cannolis)  
 10 Loaves of Bread

### 80 to 85 People

2 Full Trays of any Pasta Entrée  
 2 Full Trays of any Chicken Entrée  
 2 Full Trays of any Eggplant Entrée  
 Full Tray of Sausage, Peppers, and Onions  
 Full Tray of Steak Pizzaiola  
 Half Tray of any Sautéed Vegetable  
 2 - 12" Antipasto Platter  
 XL Bowl of Tossed Salad with dressing on the side  
 16" Crudités' Platter  
 2 - 16" Large Mozzarella and Tomato Platter  
 2 - XL Fruit Bowl  
 2 - Party Cannoli (36 Mini Cannolis)  
 12 Loaves of Bread

### 95 to 100 People

1 Full Tray of any Veal Entrée  
 2 Full Trays of any Pasta Entrée  
 2 Full Trays of any Chicken Entrée  
 2 Full Trays of any Eggplant Entrée  
 2 Full Tray of Sausage, Peppers, and Onions  
 Full Tray of Steak Pizzaiola  
 2 Half Trays of any Sautéed Vegetable Entrée  
 2 - 16" Antipasto Platter  
 2 - XL Bowl of Tossed Salad with dressing on the side  
 2 - 12" Crudités' Platter  
 3 - 16" Large Mozzarella and Tomato Platter  
 5lb. Cookie Platter  
 2 - XL Fruit Bowls  
 3 - Party Cannoli (36 Mini Cannolis)  
 15 Loaves of Bread

• All items can be served hot or cold upon pickup or delivery



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# SANDWICHES\*\*\*\*\*

## TASTY COMBINATIONS. FRESHLY BAKED BREAD. HEALTHY WRAPS.

Perfect for those graduations, corporate events and luncheons!

### The Iron Tomato's Special

The Iron Tomato's own Italian-breaded chicken cutlets fried and layered with fresh mozzarella and roasted red peppers, with balsamic vinegar on the side.

### Aunt Mary Special

The Iron Tomato's finest marinated grilled chicken layered with fresh mozzarella and sautéed broccoli rabe, with balsamic vinegar on the side.

### Chicken Cutlet Americano

The Iron Tomato's own Italian-breaded chicken cutlet layered with Land O'Lakes American cheese on a bed of lettuce and tomatoes.

### Vegetarian Hero

The Iron Tomato's Italian-breaded eggplant layered with fresh mozzarella and roasted red peppers on a bed of lettuce and tomatoes.

### Grill Lover's Special

The Iron Tomato's own marinated vegetables grilled to perfection and layered with fried eggplant, fresh mozzarella and roasted red peppers.

### Italian Hero

A wonderful combination of imported mortadella, ham cappy, Hormel Genoa Dilusso salami and pepperoni topped with roasted red peppers and fresh mozzarella.

### Italian Hero with Fried Eggplant

A wonderful combination of imported mortadella, ham cappy, Hormel Genoa Dilusso salami and pepperoni topped with marinated roasted red peppers, fried eggplant strips and fresh mozzarella.

### The Alps Hero

Hot or sweet capicola and imported provolone cheese topped with The Iron Tomato's own fresh mozzarella and roasted red peppers with a drizzle of extra virgin olive oil.

### The Real Deal

Imported Italian mortadella, hot or sweet capicola, hot or sweet soppressata and Prosciutto di Parma layered with prosciuttini and covered with The Iron Tomato's own fresh mozzarella and roasted red peppers.

### American Hero

A wonderful combination of Boar's Head ham and turkey layered with our own Italian-seasoned roast beef and Land O'Lakes American cheese on a bed of lettuce and tomatoes. Real Hellmann's® Mayonnaise and Boar's Head Mustard on the side.

### Turkey Loco

Layered Boar's Head turkey smothered in The Iron Tomato's own fresh guacamole.

### The Healthy American

A wonderful combination of low-salt and low-fat meats and cheeses that taste great! This hero consists of Boar's Head low-salt ham and low-salt turkey, Alpine Lace American and Swiss cheeses on a bed of lettuce and tomatoes.

### Assorted Focaccia Finger Sandwich Platter

Any of the above combo sandwich choices on The Iron Tomato's own fresh-baked focaccia bread, cut into bite-sized pieces and placed on a platter.

### Assorted Wrap Platter

Any of the combo sandwich choices in wraps, cut and placed on a platter.

### Panini Sandwich Platter

Any of the combo sandwich choices on The Iron Tomato's own fresh-baked panini bread, whole or cut into pieces and placed on a platter.



\*\*\*\*\*All sandwiches are:

- Made on Arthur Avenue bread; Available 2 – 5 ft.
- Sliced, tooth picked, and placed on platters or baskets
- Come with Real Hellmann's® Mayonnaise, Boar's Head Mustard and Oil & Vinegar

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# PLATTERS

## A DELICIOUS ASSORTMENT.

Each platter is not only a work of art, but designed to appeal to everyone's taste

- All shrimp platters are served with 13 – 15 fresh jumbo size shrimp

### The Iron Tomato's Italian Chunk Antipasto Platter

The Iron Tomato's own Italian sweet and hot dry sopressata, sweet and hot dry sausage, homemade roasted peppers, sun-dried tomatoes, marinated mushrooms, stuffed mushrooms, imported sharp provolone, imported Parmigiano-Reggiano, broccoli rabe, olives and fresh mozzarella.

### Fresh Mozzarella & Tomato Platter

Fresh homemade mozzarella layered with vine-ripe tomatoes and basil, with sun-dried tomatoes and roasted peppers.

### Celingini Mozzarella Platter

A wonderful assortment of pesto-marinated mozzarella, sun-dried tomato pesto mozzarella, Italian-marinated mozzarella and mozzarella lightly salted arranged on a garnished platter.

### American Cold Cut Platter

Boar's Head ham and turkey, our fresh roast beef, Land O'Lakes American cheese and Swiss cheese, rolled, on a platter with lettuce and tomato.

### Italian Cold Cut Platter

Fresh imported mortadella, Hormel Genoa Dilusso salami, prosciuttini, ham cappy, sopressata, provolone and fresh mozzarella, rolled, on a platter with fresh roasted peppers, fresh mozzarella and mixed olives.

### Fried Vegetable Platter

Asparagus, broccoli, cauliflower, artichoke hearts and zucchini breaded with The Iron Tomato's own Italian-seasoned bread crumbs and fried to perfection, arranged on a platter with our own fresh marinara sauce in the middle for dipping.

### Crudit  Platter (vegetable)

A wonderful assortment of raw broccoli, cauliflower, carrots, celery and tri-colored peppers, on a platter with your choice of dressing for dipping. A great way to start every party!

### Rolled Prosciutto and Melon Platter

Imported prosciutto di Parma rolled around fresh sweet honeydew melon with assorted fruits on a platter.

### Jumbo Shrimp Cocktail Platter

Fresh jumbo shrimp decoratively placed on a platter with our own The Iron Tomato's spicy cocktail sauce. Great for a starter to any party!

### Coconut Shrimp Platter

Fresh jumbo shrimp battered in coconut breading and fried to absolute perfection. Placed on a platter with a marmalade sauce for dipping.

### Shellfish Combo Platter (Fisherman's Delight)

Fresh jumbo shrimp, crab meat, lobster meat and king crab legs arranged on a platter with a wonderful homemade dipping sauce.

### Assorted Sushi Platter

Choose from our delectable selection of Japanese sushi made on the premises (check our Seafood Section).

### Assorted Chicken Finger Platter

Cap'n Crunch® chicken fingers and The Iron Tomato's own Italian-seasoned chicken fingers make a great choice for both children and adults.

### Buffalo Wing Platter

The Iron Tomato's own breaded and fried hot or mild chicken wings served with celery and a creamy bleu cheese dressing, can also be served with boneless Buffalo chicken wings.

### Stromboli Platter

The Iron Tomato's homemade dough rolled around prosciutto, sopressata, salami and provolone, then baked to perfection, sliced and arranged on a platter with a side of marinara sauce for dipping.

### Broccoli Rabe and Stuffed Mushroom Platter

A wonderful combination of The Iron Tomato's own stuffed mushrooms and saut ed broccoli rabe on a platter with chunks of imported Parmigiano-Reggiano cheese.

### Cold Salad Platter

A segmented platter of The Iron Tomato's homemade potato salad, macaroni salad and cole slaw. All made with Hellman's® Real Mayonnaise.

### Olive Platter

A wonderful selection of Greek black, oil black, cracked Sicilian, Gaeta, Kalamata and stuffed Queen Anne olives arranged on a platter.

### Pickle Platter

A great selection of garlic pickles, kosher dill pickles, sour pickles, half-sour pickles and pickle chips arranged on a platter.

### French Cheese Platter

A wonderful blend of imported cheeses from France. A combination of Brillat-Savarin, Prince de Claverolle, Morbier, Cantal and Valen ay for the true French cheese experience.

### Spanish Cheese Platter

A delectable combination of Spain's finest cheeses. A combination of Manchego, Mahon and Campo de Montalban, plus drunken goat cheese and fig cake.

### Italian Cheese Platter

These delicate, wonderful cheeses are all imported from Italy. A platter of Parmigiano-Reggiano, Aurichio provolone, young Tuscan pecorino, asiago fresco and primo sale with black peppercorns will suit every palate.

### Dutch Cheese Platter

Flavorful imported Dutch cheeses with wonderful flavors to put smiles on everyone's faces! A combination of grand boerenkaas, prima donna, five-year old gouda, red gouda and gouda with basil & garlic.

### Domestic Cheese Platter

A combination of the finest domestic cheeses, such as cheddar, provolone, Swiss, and smoked gouda, fitting for any occasion and any palate.

### European Artisanal Cheese Platter

A hand-picked combination of Artisanal cheeses from Europe. This platter is for the ultimate epicurean experience. A wonderful and flavorful adventure for all palates from countries that make the best handmade artisanal cheeses in the world!

- All platters are available in 12" (feeds approx. 10 – 15 people) and 16" (feeds approx. 15 – 20+ people)

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# DESSERT

## SCRUMPTIOUS. DELICIOUS CRAVINGS.

Are you craving a chocolate cake? or are you a vanilla lover?

### Bakery

- We have an assortment of figurines for children and adults.

Your choice of 3 layers of cake and two layers of cream.

#### Choice of Cake

Chocolate Devil's Food Cake  
Buttery Golden Cake  
Super Moist Yellow Cake  
Dark Chocolate Fudge Cake  
Lemon Supreme Cake  
Red Velvet Cake

#### Choice of Cream\*\*\*\*\*

Cassata Cream  
Italian Custard Cream  
Chocolate Italian Custard Cream  
Bavarian Cream  
Chocolate Pudding  
Chocolate Mousse

Chocolate Fudge  
Lemon  
Mocha Butter  
Hazelnut Butter  
Butter  
Whipped Cream

### Dessert Platters

#### Party Cannoli Platter

One large cannoli shell filled with 36 mini cannolis. All cannolis filled with The Iron Tomato's own cannoli cream.

#### Italian Cookie Platter

A combination of the finest Italian cookies.

#### Fancy Italian Mini Pastry Platter

A wonderful combination of The Iron Tomato's own homemade mini pastries.

### Dessert Cakes

#### Raspberry Ring

A scrumptious chocolate cake with raspberry jam and a dusting of powdered sugar on top.

#### Rocky Road Ring

A favorite ice cream is now a cake! A delectable chocolate cake with marshmallows and walnuts.

#### Strawberry Shortcake

A marvelous yellow cake with fresh strawberries and whipped cream. So good it will make your mouth water!

#### Tiramisu

An Italian classic! An espresso and vermouth-flavored cream with the finest quality mascarpone combined with lady fingers and cocoa powder.

#### Vanilla Fudge Layer Cake

Our fabulous yellow cake surrounded by tasty chocolate fudge.

#### Capa Di Monte

It's like nothing you have ever tasted before! Chocolate and vanilla Bavarian creams and chocolate and vanilla cake, soaked in the very best vermouth.

#### Chocolate Paradise

An enjoyable chocolate cake with extravagant chocolate mousse and chocolate liqueur to complete this cake's originality.

#### Sicilian Cassata Cake

Rum-soaked yellow cake with our very own cannoli cream, topped with simple white icing, dried fruits and toasted almonds.

### Venetian Hour Cakes

#### Black & White Ring

A moist yellow cake with chocolate swirl throughout, covered in a rich chocolate and vanilla icing.

#### Blackout Cake

A chocolate cake with a luscious, chocolate silk pudding.

#### Blueberry Mousse Truffle

A fluffy, blueberry mousse with chocolate cake doused in a chocolate ganache.

#### Brownie Cake

A rich chocolate brownie cake with chocolate fudge icing and chocolate chips.

#### Cannoli Cake

A family favorite done The Iron Tomato's way! A scrumptious yellow cake with our very own cannoli cream in the middle and whipped cream on the side.

#### Cheesecake Chocolate Mousse Truffle

The perfect combination of chocolate and cheesecake! A creamy cheesecake with chocolate mousse engulfed in chocolate ganache.

#### Cherry Mousse Truffle

A light and airy chocolate cherry mousse with chocolate cake smothered in chocolate ganache.

#### Chocolate Ring Cake

An absolutely fantastic chocolate cake covered in a rich chocolate icing.

#### Italian Ricotta Cheesecake

An Italian specialty cheesecake made with the finest ricotta cheese.

#### Low-Carb, Sugar-Free Cheesecake

It's so good you would never guess it's a low-carb, sugar-free cheesecake.

#### Marble Crumb Cake

A simple, yet delicious yellow cake topped with our homemade crumb and drizzled with icing.

#### Napoleon Cake

A classic Italian pastry large enough for the whole family to enjoy!

A flaky pastry with luscious vanilla custard inside.

#### Vanilla Fudge Layer

Our fabulous yellow cake surrounded by tasty chocolate fudge.

#### Capa Di Monti

It's like nothing you ever tasted before! A combination of chocolate and vanilla Bavarian creams with chocolate and vanilla cake soaked in the very best vermouth.

#### Chocolate Paradise

Delicious chocolate with extravagant chocolate mousse and chocolate liqueur to complete this cake's originality.

#### Sicilian Cassata Cake

Rum-soaked yellow cake with our very own cannoli cream, topped with simple white icing, dried fruit and toasted almonds.

#### Tiramisu Cake

Just like the pastry, but big enough for the whole family.

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# FRUIT

## LIGHT. SWEET. REFRESHING.

Here at The Iron Tomato's, our fruit platters are truly a sweet, refreshing and juicy experience!

### Watermelon Basket

Watermelon specially carved into a basket filled with fruit salad.

### Fresh Fruit Platter

A wonderful selection of cantaloupe, honeydew melon, pineapple, strawberries, kiwi, assorted grapes and watermelon sliced and arranged for a beautiful look and taste every time!

### Fresh Family Fruit Bowl

A wonderful selection of cantaloupe, honeydew melon, pineapple, strawberries, kiwi, assorted grapes and watermelon cut into chunks and mixed into a salad. Feeds the whole family.

### Chocolate-Covered Strawberry Platter

A wonderful platter arranged with The Iron Tomato's finest chocolate-covered strawberries.

### Assorted Seasonal Berry Platter

An assortment of strawberries, raspberries and blackberries for a delightful dessert that's sure to please everyone's palate.

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Traditional.  
Creative Presentation.**

Make your Event  
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